

Basic First Aid, CPR and AED:

This 12-hour class is a Certification (CPR and First Aid) course by the American Heart Association. The certification is good for two years. The course includes cardiopulmonary resuscitation (CPR), basic life support (BLS) and automated external defibrillator (AED) training. The First Aid segment teaches rescuers to effectively recognize and treat emergencies in the critical first minutes.

CATSM (Comprehensive Acute Traumatic Stress Management) "PROVIDING COMPASSIONATE CARE FOR ALL"

A 7 hour class CATSM is a pragmatic process that addresses the psychological needs of individuals, groups and organizations experiencing traumatic stress associated with a wide spectrum of traumatic events, such as accidents, illness, crime, natural disasters, etc. Featuring: Dr. Ray Shelton, Director of Professional Development with the American Academy of Experts in traumatic stress Sponsored by: Lutheran Disaster Response of New York, Faithful Response, and Nassau County's Office of Emergency Management. Register by May 8 Contact Michael Arcari, 516-679-0080 or Help@faithfulresponse.org For more information, visit www.faithfulresponse.org.

Community Outreach & Education CERT

This class focuses on what the CERT volunteer can do to promote CERT and citizen preparedness. How community outreach happens and what needs to be said. The class also focuses on determining what groups and which events are appropriate for outreach. What to say and what not to say, as well as what information needs to be provided to the CERT PIO and OEM for future outreach.

Disaster First Aid (DFA) and Advanced Triage:

When a disaster strikes the first minutes and hours are critical. Large numbers of people are injured and there may not be enough ambulances immediately available. In Disaster First Aid you learn the most essential knowledge and skills that can save lives and limbs. Simple but important things any ordinary citizen can do. Another key element in this course is the innovative use of commonly found items in the home or office. You don't need expensive First Aid kits and supplies, and you need not feel helpless or intimidated by the lack of them. It encourages "outside the box" thinking. "Learn to use whatever you have, and you will always find what you need wherever you are."... Though this course you will also be more aware of how to properly triage a

patent in the most proficient matter. This class includes both a lecture and hands on training.

USAR Class:

This lecture course provides specialized training in the realm of building collapse rescue, a viable threat in every community. This will include, warning signs, collapse causes, void identification, safety precautions, search techniques, team operations, building construction awareness, and initial operations. Several case studies will be discussed. A table top exercise is also included. This class covers the basics necessary for the beginner to be familiar with the many facets of structural collapse.

Refresher Class:

The refresher class is a review of Fire Safety, Hazardous Materials Safety, First Aid, and Light Search and Rescue. There is a short lecture and mostly hands on activities including bandaging, cribbing, fire extinguishing, and identifying hazardous materials.

Research study

Community Preparedness: A Psychological Portrait of the Citizen Responder: Your participation is important! Outcomes and recommendations of this study can help to expand CERT programs, enable improvement in recruitment practices, advance training curriculum, and sustaining participation of trained CERT members in future exercises and events. If you would like to volunteer for this study, please email CERTresearch@yahoo.com if you do not have an email please register by calling (718) 607-9081

Shelter Management Workshop:

This one night course will prepare the attendee to open an Emergency Evacuation Site, work in an evacuation shelter, and operate a long term disaster shelter. The Nassau Chapter of the American Red Cross will provide the recipient with in depth knowledge of operations and management of a shelter.

Smoke House:

This four hour class will include a lecture and hands on training. The participant will learn proper techniques for escaping a smoke filled room. Artificial smoke conditions are created within the

smoke "house" to allow participants to practice techniques taught for escaping a smoke filled room. Also included in this hands on class is practical application of first aid, cribbing, carrying, and removing a victim. Other hands on activities may take place. The safety of CERT volunteers is paramount and will be discussed and practiced.

Special Needs

TBD

The Salvation Army & CERT

This presentation provides an overview of The Salvation Army Emergency Disaster Services (EDS) and how CERT volunteers augment the EDS volunteers. Attendees learn about the mission and history of EDS, services provided by EDS during disasters and non-disaster events, and opportunities available to volunteers all year round.

Voluntary Organizations Active in Disaster (VOAD) Overview

As voluntary agencies struggled with problems in responding to disasters, so too did government agencies concerned with problems of responding to disasters that were beyond the confines of their jurisdiction or beyond their financial capability to assist its citizens. As a result, voluntary organizations signaled their desire to work together in times of disaster which initiated the process to form Voluntary Organizations Active in Disaster (VOAD). A VOAD, whether national, state or local, is a coalition of non-profit, government, and for-profit organizations committed to working together in the areas of disaster preparedness, response, and recovery. Members of the VOAD support each other through their collaborative planning efforts to identify potential needs of disaster victims and to develop coordinated and efficient delivery of needed resources and services.

What is CERT?

This is an overview of what Nassau County's CERT program is from inception to present. Team locations and when and how teams are formed. What CERT does from mission to roles and responsibilities of members, and how CERT works with first responders. Critical questions such as workers comp and liability are addressed.

